

Sibylle Georgianna, Ph.D.

28202 Cabot Road Suite 300, Laguna Niguel, CA 92677
Phone: (917) 620-0481 | Email: info@theleadershippractice.biz
<https://theleadershippractice.biz> & <https://sexualhealthoc.com>

Education

University of Koblenz-Landau, Landau, Germany
Ph.D. Social Psychology, (Magna Cum Laude), October 2003 – July 2005
Dissertation: “Intercultural Features of Self-leadership” in collaboration with Dr. Günther F. Müller.

University of Hamburg, Hamburg, Germany
Master of Science, Clinical and Organizational Psychology April 2003
Thesis: “Perceived changeability of the negative reality during goal striving” in collaboration with Drs. Gabriele Oettingen, Carol Dweck, and Peter M. Gollwitzer.

Teaching experience in graduate level courses such as Industrial and Organizational Psychology, Advanced Psychological Research Methods, Advanced Social Psychology, Educational Psychology, General Psychology (e.g., Developmental Psychology, Cognitive Psychology), Human Sexual Behavior, Physiological Psychology, and Clinical Psychology (e.g., Neurotic, Stress, and Somatic Disorders, Client Centered Therapy, Behavioral Therapy, Casework in Counseling Settings, Methods and Measures of Development, Diagnosis and Treatment of Loneliness).

University of Hamburg, Hamburg, Germany
Bachelor of Psychology August 1999
Research Project: “Assessment of leaders’ and followers’ level of motivation in an Investment Bank”.

Chamber of Commerce, Cologne, Germany
Bankauffrau (Investment Banking License) January 1998
Developed training protocols to enhance Investment Banking Interns’ during job rotations.

Psychological and Teaching Experience

The Leadership Practice, Psychology Consultations Inc. & Affiliated Services by Sexual Health of Orange County Laguna Niguel, CA
Clinical Psychologist September 2015 – Present
Conducted leadership interventions for individuals seeking performance enhancement. Conducted individual and couple’s therapy. Conducted relaxation interventions with chronic pain patients. Created and facilitated online classes: (1) Maintain Your Change; (2) Professionals’ Resources to Breakthrough; and (3) More Calm with associated closed Facebook groups. Developed and facilitated closed hybrid task groups for individuals with addiction/compulsivity. Created and facilitated an online community “Little Did I know” for family members affected by their loved one’s problem behaviors. Created and moderated confidential blogs for patients with sexual difficulties and their partners. Taught a continuing education workshop at the 2018 California Marriage and Family Therapist Resource Conference on how to teach self-leadership strategies to

at-risk women in order to mitigate the risk of sexual compulsivity. Taught a continuing education class on “Healthy Boundary Settings for Adolescents” with InsightTreatment, Pasadena, CA.

Vanguard University,
Adjunct Faculty
Assistant Professor

Costa Mesa, CA
January 2014 – July 2017
August 2017 – July 2019

Taught undergraduate Psychology of Work class. Developed curriculum and course materials for Vanguard’s Master of Science: Organizational Psychology Program and taught Graduate classes (e.g., Introduction to Psychology and Behavior in Organizations; Applied Research and Critical Analysis; Statistics for Organizational Decision Making; Diversity in the Workplace). Ongoing development of mentoring relationships between Organizational Psychology Graduate students to increase the Graduate student network and alumni relationships.

Dr. Clifford and Joyce Penner and Associates
Psychological Assistant and Clinical Psychologist

Pasadena, CA
June 2010 – August 2015

Conducted individual and couple’s therapy.

Palomar Community College,
Irvine Valley College,
Saddleback College,
Adjunct Faculty

San Marcos, CA
Irvine, CA
Mission Viejo, CA
August 2008 – July 2018

Taught Introduction to Psychology, Statistics in the Behavioral Sciences, Research Methods in Psychology, Abnormal Psychology, Developmental Psychology, and Behavior Modification classes.

Irvine Valley College,
Research and Planning Analyst

Irvine, CA
June 2006 – October 2008

Taught a self-leadership strategy in two English writing classes. Conducted research and developed the College’s strategic planning procedure. Assisted programs and departments through preparation of survey and testing tools. Collected, organized, and analyzed data for internal and State reports using both statistical and other means.

Weightwatchers.com,
Database Coordinator

New York, NY
June 2003 – May 2006

Coordinated data uploads to Weightwatchers’ international websites. Developed an e-learning tool to teach employees and customers the use of interactive technology to improve their mental, emotional, and physical well-being.

University of Hamburg,
Research Associate

Hamburg, Germany
November 01–April 03

Researched and analyzed psychological factors associated with the work environment. Managed graduate student sub-projects.

Brown Brothers Harriman & Co., Human Resources Management, New York, NY
Employee Assistance Program Intern

September 00 – May 01

Developed and implemented an interactive database to engage Brown Brother Harriman’s employees in learning about the improvement of mental health.

**United Nations Headquarters, Staff Counsellor's Office,
Staff Counsellor's Office Intern**

New York, NY
January - May 2001

Developed and implemented an electronic resource tool to teach the Staff Counsellor's Office's employees how to help the United Nation's employees foster their mental, emotional, and physical health.

Professional Service Experience

Mentored Master of Science: Organizational Psychology (MSOP) students in conducting environmental scan research, funded by the Gary L. Taylor Fund (Summer 2018).

Mentored Master of Science: Organizational Psychology students to present their Master's research at the Vanguard University of Southern California Healthy Organization conference (Summers of 2017 and 2018).

Mentored psychology students to present posters on psychological research at the 4th Annual Irvine Valley College & Saddleback College Student Research Symposium (Fall 2015).

Presented on "Healthy Sexual Boundaries for Adolescents" for continuing education of clinical psychologists and marriage and family therapists at InsightTreatment in Pasadena, CA (Summer 2014).

Developed and coordinated a "surf-and-stats" extracurricular activity with Saddleback's Psi Beta and Psychology club students (since Summer 2013). Extracurricular activity included the analysis of a nautical dataset to predict the amount of fun a surfer can have based on the variables collected.

Research and Statistics Advisor for Saddleback College's Psi students (since Spring 2013). Projects include the development of a research calendar to outline due dates for research presentations (e.g., at the Western Psychological Association meetings) and the facilitation of monthly statistics meetings.

Sponsored four research projects for inclusion in the 2013 and 2014 Psychology Teachers at Community Colleges (PT@CC) Student Research Contests (since Fall 2012).

Mentored IVC's Phi Theta Kappa students, IVC's Psi Beta and Saddleback's Psi Beta students on how to network with professors at four-year schools (since Fall 2011).

Provided service-learning experience for Introduction to Psychology students at Palomar College (Fall 2009).

Co-chaired Irvine Valley College's Institutional Effectiveness Committee, Irvine Valley College (from 2007 - 2008).

Publications and Research Reports

In revision: Georgianna, S., Müller, G.F., Schermelleh-Engel, K., Lohaus, D. The Impact of Physical Vitality leadership on Physical Vitality and Well-being Submitted to: *Journal of Managerial Psychology*.

2017 Georgianna, S. Seven Ways To (Re)Kindle Desire. Amazon Digital Services LLC.

ASIN: B075RQFWTZ.

- 2016 Georgianna, S., Müller, G.F., Schermelleh-Engel, K., & Petersen, B. Entrepreneurs' Job Satisfaction and Its Relationship to Super-Leadership and Self-Leadership, *Journal of Research in Business, Economics and Management*, 6(3), 928-940. ISSN: 2395-2210.
- 2015 Georgianna, S. Addressing Risk Factors Associated With Women's Sexually Compulsive Behaviors Through Psycho-Education And Self-leadership Development. *Sexual Addiction & Compulsivity: The Journal of Treatment and Prevention*, 22 (4), 314-343. doi: 10.1080/1072162.2015.1072489
- 2015 Georgianna, S. (2015). Assessing and Developing Entrepreneurs' Self-Leadership and Super-Leadership. *Journal of Entrepreneurial and Organizational Management*, 4, 146. doi:10.4172/2169-026X.1000146.
- 2013 Müller, G. F., Georgianna, S., Schermelleh-Engel, K., Roth, A.C., Roth, W.A., Sauerland, M., & Muessigmann, M.J. Super-leadership and work enjoyment: direct and mediated influences. *Psychological Reports: Employment Psychology & Marketing*, 113 (3), 804-821.
- 2010 Müller, G. F., Georgianna, S., & Roux, G. Self-leadership and Physical Vitality. *Psychological Reports*, 107 (2), 383-392.
- 2010 Ingredients For and Fruits of Academic Success: A Comparison of Two-year and Four-year Students' Academic Goal Striving. *Report to Willard Hom, Director of Research & Planning for the System Office of the California Community Colleges*.
- 2009 Fostering Student Success: An Exploratory Study in English Writing Classes. *Journal of Applied Research in Community Colleges*, 158 (2), 1-24 .
- 2009 A Study of Individuals' Goal Striving In the Kurdish Zone of Iraq. *Report to the Governing Council of the Kurdish Zone of Iraq*.
- 2007 Self-leadership: A Cross-cultural Perspective. *Journal of Managerial Psychology*, 22(6), 569-589.
- 2007 *Self-leadership and Goal-striving across Cultures: A Comparison of United States and Chinese Undergraduate Students*. Mellen Press: New York, NY.
- 2005 *Intercultural Features of Self-leadership*. Shaker Press, Aachen, Germany.

Conference Presentations

- 2019 Co-presented at the 2019 ARC Resource conference on the topic "It's all about the data: Using Environmental Scans for Strategic Planning (with Vanguard University MSOP students).
- 2019 Facilitated a workshop at the 2019 Ensure Justice Conference on (Mis) Perceptions & What To Do About Betrayal Trauma and Moral Injury: A Breakout Session for (Current And Future) Educators and Individuals in Helping Professions.
- 2019 Co-facilitated a workshop on betrayal trauma and moral injury: strategies from trauma to empowerment at the 2019 Advancing Women in Leadership (AWIL) Conference.
- 2018 Co-facilitated a workshop at Vanguard University of Southern California's Creating Healthy Organizations conference. Workshop was titled "How to Create Customized Employee Profiles for Work Enjoyment & Productivity" (with Jim Hill, Director of HR

- & Technology at Quadrant Law, and MSOP student Michael Gomez, Ed. D.)
- 2018 Co-facilitated a workshop at Vanguard University of Southern California's Creating Healthy Organizations conference. Workshop was titled "Put the Oxygen Mask on First: Resilient Coping and Productivity" (with Vanguard University MSOP students).
- 2018 Co-facilitated a Project Incubator on Using Environmental Scans for the Talent Acquisition and Management Process (with Vanguard University MSOP students).
- 2018 Co-presented at the 2018 California Marriage and Family Therapist Conference. Workshop was titled "Risk factors associated with young women's sexuality".
- 2018 Co-presented a poster at the 30th Association for Psychological Science Annual Convention on Creating Positive Work Environments: Perceived Organizational Support, Voice, and Engagement.
- 2017 Co-presented at Vanguard University of Southern California Healthy Organization: The Science and Practice of Productivity and Well-being conference on Individual and Contextual Variables in Organizational Health – Empirical Investigations on Job Satisfaction and Well-being Through Self- and Super-leadership.
- 2013 Poster presentation on "Self-leadership and Sexual Compulsivity in Females: Empowering Females to Master Compulsive Sexual Behaviors Through The Use Of Self-leadership Strategies" at the 2013 Annual Convention of the American Psychological Association.
- 2013 Presentation "Your Phone: Friend or Foe?" at the Saddleback College Psychology Week, Fall 2013.
- 2013 Presentation "From Automated Unconsciousness to Empathetic Mindfulness" at the Saddleback College Psychology Week, Spring 2013.
- 2012 Poster presentation on "Self-leadership Strategies: Universal or cultural? An Analysis of Self-leadership Strategies Used By American, German, Belgian, and Irish Students" at the 2012 Annual Convention of the American Psychological Association.
- 2011 Panel presentation on "Ingredients For and Fruits Of Academic Success: A Comparison of Two-Year and Four-Year Students' Goal-Striving" at the Annual Southern California Student Success Conference.
- 2011 Panel presentation "Helping Careers in Psychology Career Panel" during Saddleback College's Psychology Week, Spring 2011.
- 2010 Poster presentation on "Individuals' Goal Striving In the Kurdish Zone of Iraq" at the 2010 Annual Convention of the American Psychological Association.
- 2008 Poster presentation on "When East meets West: Similarities of and Differences between Chinese and U.S. Undergraduate Students" at the 2008 Annual Convention of the American Psychological Association.
- 2008 Poster Presentation on "Fostering Student Success: An Exploratory Study in English Writing Classes" at the Annual Convention of the California Community College Research and Planning Group.
- 2006 Poster presentation on "Intercultural Features of Self-leadership at the 2006 Annual Convention of the American Psychological Association.

Professional Memberships

American Psychological Association.
Psi Beta (Advisor).
Psychology Teachers at the Community Colleges (PT@CC).
New York Academy of Science.

Professional Licenses

Psychologist by the Board of Psychology, CA.
Certified Eye Movement Desensitization and Reprocessing (EMDR) Therapist (EMDR International Association).
Certified Sex Addiction Therapist (International Institute for Trauma and Addiction Professionals).
Clinical Partner Specialist (Association of Partners of Sex Addicts Trauma Specialists).
Certified Sex Therapist (Institute of Sexual Wholeness, Atlanta, GA).

Awards

2007 The Irvine Valley College Administrators Award for Excellence.
1998 Honors for Extraordinary Academic Performance, Chamber of Commerce, Cologne, Germany.

Grants

2019 Faculty Stipend for creating a video blog post on the use of mentimeter.com, a culturally-responsive resource in educational technology
<https://ifd.vanguard.edu/resources/mentimeter/>. This opportunity was made possible by the 2015-2020 Title V Hispanic Serving Institution (HSI) grant (award #P021S150199).
2018 Stipend for student led research (Gary L. Taylor Fund, Vanguard University of Southern California).
2015 Stipend to statistically analyze the Money and Adaptive Work Style Inventory (MAWASI).
2009 Stipend to implement Service Learning in Introduction to Psychology class at Palomar College.
2004 Third-Party Funding, University of Koblenz-Landau, Germany.
2002 "Funding for Completing Master's Research Abroad," German Academic Exchange Service (DAAD).

Skills

Fluent in English, French and German. Experienced with MS Word, Power Point, Excel, Access, FrontPage/ HTML, SPSS, LISREL, Infusionsoft.

Interests

Classical music (Mahler); world travel; cross-cultural psychology; surfing.

Immigration Status

Green Card (Permanent Residence Status).